

1st Annual Celestial Acupuncture & Ashtanga Yoga Certification Retreat

In Bali, Indonesia
June 17 - 23, 2024



As the navel of the earth, the qi travels through chakras of the gaia and crosses in Bali for the purpose of purification, this is the perfect place to be for energy work and partake in a very unique and rare learning opportunity. The Celestial Acupuncture & Ashtanga Yoga Certification Seminar Retreat is being held in the mysterious island of Bali from June 17th – June 23rd, 2023.

A limited number of practitioners and healers are being invited to join in an exceptional learning and cultural experience.

The retreat is a 7-day scheduled program, which includes:

- Arrival, Orientation Meeting and Welcome Dinner.
- 6 days of didactic and practical training with the leaders in the field.
- Small group, hands-on intensive training for individual attention.
- One day of guided sightseeing throughout the beautiful island of Bali.
- Closing Ceremony and Award of Certificate of International Study.
- Daily Meditation practice to help to raise our vibration and enrich the senses!
- 42 CEU's / PDA's pending.
- Lectures given in English.



About Celestial Acupuncture:

Celestial Acupuncture is an invention of Dr. Atsuki Maeda. Through his spiritual practice and experiences through acupuncture practice, he has created the path of how to bring the spirituality into the acupuncture practice. Celestial Acupuncture helps and supports client's spiritual growth by working on the energetic and non-physical body of human being. Participants will learn how to scan and sense energy, enhance or constrict energy, eliminate blockage and attachment, realigning chakras. Seminar consists of didactic lecture and practical training. Usage of hand scanning technique to feel energy, pendulum to gage the energy movement, needling techniques using filiform and non-invasive contact needle, Tei Shin. Whether you are a seasoned practitioner or new to the field of acupuncture, this program will provide you the opportunity to fully immerse in this very refined system of spiritual acupuncture which is rapidly gaining popularity in the world as patients and clinicians alike awaken to the allure of this subtle yet very potent method of spiritual awakening and healing.

About Ashtanga Yoga:

Through various form of yoga, participants will learn the fundamental concepts of chakra system, energy system, nadis/marma point system and skills for developing kundalini energy as well as activating chakras for self-development and awakening, and also to apply the technique to help and guide your clients. Ashtanga Yoga has 8 limbs of yoga such as yama, niyama, asana, pranayama, pratyahara, dharana, dhyana and samadhi, and concept of each will be covered and practiced.

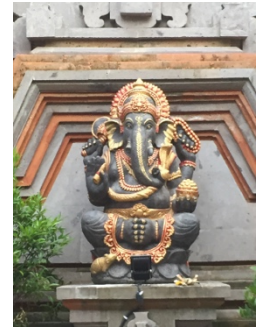
About the Program:

This 7 days intensive acupuncture/yoga retreat will take you to the journey diving deep into self, understanding 8 limbs of yoga, chakra system, prana/energy system, nadis/marma point system, and acquire knowledge, skills and methods to work and develop yourself in order to be able to support the others, and how to use acupuncture to heal others by heighten one's vibration, realigning all level of dan tians, major meridians, regulate and eliminate energetic/emotional blockage to open/activate chakra system using the combination of acupuncture points and marma points, cleanse nadis to help one advance in their soul journey.

Situated in the renowned historic spiritual island of Bali steeped in temples and inordinate charm, this program is designed to greatly enrich and polish the senses while developing and refining the healer's skills and technique of reading the non-physical body and working with subtle energy. You will learn a broad spectrum of healing approaches and come away with skills you can readily apply in your practice and achieve lasting clinical results. The learning format consists of lecture, observation and practical experience with teacher feedback. Expect to learn a lot and greatly broaden your perspective while laying a solid foundation for your future as a healer.

Sight-Seeing:

Bali is known as the Land of the Gods, Bali appeals through its sheer natural beauty of looming volcanoes and lush terraced rice fields that exude peace and serenity. Bali enchants with its dramatic dances and colorful ceremonies, its arts, and crafts, to its luxurious beach resorts and exciting nightlife. And everywhere, you will find intricately carved temples.



As Bali is located 8 degrees south of the equator, you will find the climate to be the typical tropical, warm and humid all year round with two main distinctive seasons: Dry Season and Rainy Season. Some of the areas around Bali's central mountains (volcanoes) have several peaks over 3,000 meters above sea levels. Up here the temperatures are considerably cooler, and there is much more rainfall than in the coastal areas.

On day 4 of the program we will embark on a sight-seeing adventure to the sacred water purification temple, Tirta Empul, Uluwatu Temple, Ubud Art Market where we can shop at boutiques featuring local craftsmanship and art, Pura Ulun Danu Bratan, Tegallalang Rice Terrace and more.



Accommodations:

Rooms are reserved at TBD which is situated in the city of Ubud and close to many shops and markets, and WiFi is available. The venue has a restaurant, spa and beautiful yoga pavilion. The entire seminar will be held at this location. Participants can stay longer and explore the beauty of Bali if you wish with arrangement.



Meals:

You will be welcomed to this seminar retreat with the grand Welcome Dinner on the first day evening, an Indonesian dining experience, with a ritual ceremony and the dance entertainment to get you jump right into the mood which is included in the seminar fee. A daily breakfast, lunch, afternoon tea and dinner are included in the room price.



Travel:

Getting around Bali is relatively easy. Uber and Taxi are easiest for foreigners comparing to taking local transportation such as public buses. Some apps like Grab is recommended to avoid unauthorized taxi with higher prices. The Wifi is available at the airport but not the outside. If you use apps, make sure to use them within the range, then go out of the airport. Most of people speak English. Travelers are advised to have cash on hand in case you need to take a taxi or shop at small stores as they are not always equipped to accept credit cards.



WHEN:

Monday, June 17th – Sunday, June 23rd 2024

Plan to arrive early to make sure you are able to attend the Orientation Meeting at 9am on June 19th. It is best to arrive a day or more in advance if possible to allow time for travel, settling in and adjusting to the time difference. Everyone will stay through the end of the seminar on Sunday, June 25th and plan their departure for anytime thereafter.

GETTING THERE:

Bali is a province of Indonesia and located east of Java and the international airport is at Denpasar. Usually transit at Taipei or Singapore then to Denpasar **Ngurah Rai International Airport (DPS)**

Local Travel in Bali:

Hotel offers a shuttle service to nearby city center where many shops, markets and restaurants are to entertain you.

Travel Insurance:

All participants are required to purchase and show proof of travel insurance, which must include accident/sickness and trip cancellation (VERY unlikely to happen – however for liability purposes we must require this coverage).

SEMINAR FEES AND DEADLINES FOR REGISTRATION:

Early Bird Special:

Practitioner: \$2195 (US\$)

Student: \$2095 (US\$)

Application and \$500 (US\$) Deposit by **December 15th, 2023**

Deposit Refund Deadline: **December 31st, 2023***

Due Date for Remainder of Payment: **January 15th, 2023**

Refund Deadline: **January 31st, 2023***

Regular Registration:

Practitioner: \$2295 (US\$)

Student: \$2195 (US\$)

Application and \$500 (US\$) Deposit by **January 15th, 2024**

Deposit Refund Deadline: **January 31st, 2024***

Due Date for Remainder of Payment: **February 15th, 2024**

Refund Deadline: **February 28th, 2024***

*Refunds will not be issued after the listed refund date.

Wait List: Space is limited. In the event that you are wait-listed, full payment will be due at the time an opening becomes available.

NOT included in pricing are airfare, hotel, transportation, meals, travel insurance and personal costs. These are additional expenses that are to be arranged by each individual traveler. (Many participants like to take the opportunity to tour around the beautiful country of Japan outside the dates of the program and this enables them the flexibility to do so at their leisure.)

The total approximated cost of the trip, projected depending on individual needs and expenses:

COSTS:

- Seminar Fee: \$2095 - \$2295 (please see above)
- Airfare: approximately around \$1200 from LAX, other departure cities/countries vary.
- Accommodations: TBD
\$110 per night, per person
- Travel Insurance: varies by individual, \$30 - \$100
- Sightseeing day travel, lunch and entrance fees - approx. \$15

Total Average Cost: \$4130 - \$4330

(not including personal expenses)

SAMPLE SEMINAR SCHEDULE (subject to change)

9am- 5pm Lecture, morning meditation; 1-hour lunch - DAILY

DAY 1 (Mon 6/17) Orientation; **Madhuji:** Pranayama/Chakra, **Maeda:** Chakra & Dan Tian; Welcome Dinner

DAY 2 (Tue 6/18) **Madhuji:** Kundalini/Nadis, Asanas/Breathing, **Maeda:** Nadis & Meridians

DAY 3 (Wed 6/19) **Madhuji:** Koshas & Doshas, Kriyas & Bandhas, **Maeda:** Emotional Stagnation

DAY 4 (Thu 6/20) Sightseeing Day

DAY 5 (Fri 6/21) **Maeda:** Intro to Celestial Acupuncture, Energy Scan, **Madhuji:** Mind & Senses

DAY 6 (Sat 6/22) **Maeda:** Needling Techniques, Main Points, **Madhuji:** Meditation

DAY 7 (Sun 6/23) **Maeda:** Additional Points, Tx Demonstration; **Maeda/Madhuji:** Final Wrap up

Teacher Bios:



Atsuki Maeda: Dr. Atsuki Maeda is a licensed acupuncturist with 35+ years of clinical/teaching experiences and a doctor of oriental medicine, professor at master's and doctoral programs at academic institutions who has developed Celestial Acupuncture method to tap into non-physical plane (Energetic and Spiritual) with acupuncture using regular filiform as well as non-invasive contact needles called Tei Shin.



Sri Madhu Sai: Master Sri Madhuji: Madhuji is a monk and a certified yoga therapist. He has a unique spiritual and academic background to help you pragmatically understand the root cause of your problems and empower you to deal with it directly. He blends common sense with real-world experiences to lift you to a higher level of self-understanding and self-learning.

To begin the registration process, please visit the registration page on our website and fill out the registration form:

www.acupunctureyogaretreat.com

To make a payment, you can use Venmo, PayPal or send money order or cashier's check made out to Atsuki Maeda and mail to: Maeda Acupuncture Group, 3248 Sepulveda Blvd., Torrance, CA 90505.

Venmo: @Atsuki-Maeda *No fee

PayPal: @atsukimaeda *Make sure to use family/friend – They may still charge the fee

To complete your registration, we will also need you to fill out the 'Retreat Agreement', sign it, and

either mail it in with your Registration form, or if you are registering online, scan the Retreat Agreement and attach it to your form using the button provided.

You will also be able to attach a scan of your current Passport and proof of travel insurance to your online registration form if you have those ready. If not, you can email your passport scan and proof of travel insurance separately to info@acupunctureyogartreat.com. Or, of course, if you are registering by mail, you can also include with your Registration Form.

NOTE: Your registration will not be considered complete unless we have received your Retreat Agreement. Passport and travel insurance can come later.

THANK YOU for your interest! We hope to see you in majestic Bali, Indonesia!

