

# 1st Annual Celestial Acupuncture & Ashtanga Yoga Retreat Seminar

In Sedona, Arizona  
August 23rd – 28th, 2026



Experience the magic of Sedona—the renowned heart of Gaia's western chakras, where vibrant earth energy converges for harmony and transformation. There is truly no better place to immerse yourself in powerful energy work and embrace a one-of-a-kind learning adventure. We warmly invite you to join us for the Celestial Acupuncture & Ashtanga Yoga Retreat Seminar, set against the awe-inspiring red rocks of Sedona from August 23rd – August 28th, 2026. Don't miss this extraordinary opportunity to expand your practice, connect with kindred spirits, and recharge in one of the world's most breathtaking spiritual destinations!

A limited number of practitioners and healers are being invited to join in an exceptional learning and cultural experience.

The retreat is a 6-day scheduled program, which includes:

- Arrival, Orientation Meeting and opening ceremony.
- 6 days of didactic and hands-on practical training with the leaders in the field.
- Small group, intensive training for individual attention.
- One evening of Sound Bath journey.
- Closing Ceremony and Award of Certificate of completion.
- Daily Meditation practice to help to raise our vibration and enrich the senses!
- 42 CEU's / PDA's pending.
- Lectures given in English.



## ABOUT CELESTIAL ACUPUNCTURE:

Celestial Acupuncture is an invention of Dr. Atsuki Maeda. Through his spiritual practice and experiences through 40 years of acupuncture practice, he has created the path of how to bring the spirituality into the acupuncture practice. Celestial Acupuncture helps and supports client's spiritual growth by working on the energetic and non-physical body of one's soul which is often the cause of many physical ailments.

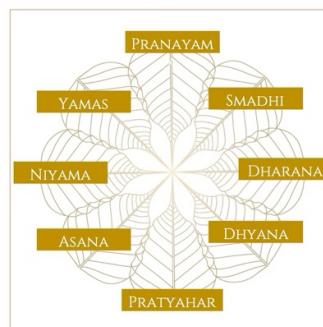
Participants will learn how to scan and sense energy, enhance or constrict energy, eliminate blockage and attachment, realigning chakra's energy system as enhancing the connection with one's spirit guides and spirits.

Seminar consists of didactic lecture and practical training. Usage of hand scanning technique to feel energy, pendulum to gage the energy movement, needling techniques using filiform and non-invasive contact needle, Tei Shin to specific acupuncture points that has strong function for energetic bodies. Each and every acupuncture points have its own metaphysical properties and functions. The Spirit of Points based on its own name written in Chinese characters guide us how to select appropriate points prescription for optimum treatment.

## ABOUT ASHTANGA YOGA:

Through various form of yoga, participants will learn the fundamental concepts of chakra system, energy system, nadis/marma point system and skills for developing kundalini energy as well as activating chakras for self-development and awakening, and also to apply the technique to help and guide your clients. Ashtanga Yoga has 8 limbs of yoga such as yama, niyama, asana, pranayama, pratyahara, dharana, dhyana and samadhi, and concept of each will be covered and practiced.

Whether you are a seasoned practitioner or new to the field of acupuncture, this program will provide you the opportunity to fully immerse in this very refined system of spiritual acupuncture which is rapidly gaining popularity in the world as patients and clinicians alike awaken to the allure of this subtle yet very potent method of spiritual awakening and healing.



## ABOUT PROGRAM:

This 6 days intensive acupuncture/yoga retreat will take you to the journey diving deep into self, understanding 8 limbs of yoga, chakra system, prana/energy system, nadis/marma point system, and acquire knowledge, skills and methods to work and develop yourself in order to be able to support the others, and how to use acupuncture to heal others by heighten one's vibration, realigning all level of dan tians, major meridians, regulate and eliminate energetic/emotional blockage to open/activate chakra system using the combination of acupuncture points and marma points, cleanse nadis to help one advance in their soul journey.

Nestled within the legendary, mystical landscape of Sedona—an ancient sanctuary revered for its powerful energy vortices and enchanting beauty—this transformative program is thoughtfully crafted to awaken your senses and elevate your spirit. Immerse yourself in a journey that weaves together time-honored wisdom and profound energetic practices, guiding you to master the art of perceiving and harmonizing the subtle, non-physical realms. Throughout your experience, you will discover a diverse spectrum of healing modalities, gaining practical, life-changing skills you can immediately bring into your own practice to foster deep, lasting transformation for yourself and others. With an inspiring blend of interactive lectures, guided observation, and immersive hands-on training, all enriched by personalized teacher support, you'll embark on a magical path of learning. Prepare to expand your awareness, ignite your inner healer, and lay a radiant foundation for your future as a compassionate, empowered practitioner.

## EVENING OF SOUND BATH:

Sound Bath is a form of sound healing where a facilitator uses instruments like Tibetan and crystal singing bowls, gongs, and sometimes vocal to create vibrational frequencies that help participants relax and achieve a harmonious and meditative state.



After the first day of seminar, we will invite all participants to a 90-minutes evening of wonderful sound journey for healing at the venue.

## ACCOMMODATIONS:

To provide you with the utmost flexibility and freedom during your seminar experience, accommodation arrangements are left entirely to your preference. Each participant is

responsible for booking their own lodging and has the option to stay wherever feels most comfortable – whether that's a cozy guesthouse, nearby hotel, or other accommodation of your choice. This gives you the opportunity to tailor your stay in Sedona to your own unique needs and budget. There are many lodging options available near the venue, and some are even within walking distance.

#### **TRAVEL:**

Sedona is easily accessible and offers a wealth of opportunities for exploration and adventure. Located in beautiful Arizona, north of Phoenix and just under two hours by car from Phoenix Sky Harbor International Airport- making it a convenient and scenic drive. Rental cars are readily available at the airport, giving you the freedom to comfortably explore Sedona's enchanting landscapes, renowned hiking trails, vortices and vibrant local attractions. Driving in Sedona is simple and enjoyable, allowing you to discover the area at your own pace. Public transportation by bus is also available.

For those traveling from California, Sedona is approximately a seven-hour drive from Los Angeles. Plus, if you wish to extend your trip, Sedona is the perfect gateway to the Grand Canyon – one of the great national parks in the United States – reachable by a short, picturesque drive north through Flagstaff.



#### **WHEN:**

**Sunday, August 23rd – Friday, August 28<sup>th</sup>, 2026**

#### **VENUE:**

**Sanjili Healing Arts, Aumbase Honzho Building**

431 AZ-179 Suite A7 #7

Sedona, AZ 86336

Tel: 928-421-2404

**Early Bird Special:**

Practitioner (non-student): \$2659 (US\$)

Student: \$2559 (US\$)

Application and \$100 (US\$) Deposit by **May 15th, 2026**

Deposit Refund Deadline: **May 31st, 2026\***

Due Date for Remainder of Payment: **June 15th, 2026**

Refund Deadline: **June 30th, 2026\***

**Regular Registration:**

Practitioner (non-student): \$2759 (US\$)

Student: \$2659 (US\$)

Application and \$100 (US\$) Deposit by **June 15th, 2026**

Deposit Refund Deadline: **June 30th, 2026\***

Due Date for Remainder of Payment: **July 15th, 2026**

Refund Deadline: **July 31st, 2026\***

\*Refunds will not be issued after the listed refund date.

**\*Cancellation of seminar, if minimum of 10 participants is not met by June 30th, 2026**

**Wait List:** Space is limited. In the event that you are wait-listed, full payment will be due at the time an opening becomes available.

NOT included in pricing are airfare, hotel, transportation, meals and personal costs. These are additional expenses that are to be arranged by each individual traveler. (Many participants like to take the opportunity to explore around the beautiful land of Sedona outside the dates of the program and this enables them the flexibility to do so at their leisure.)

**SAMPLE SEMINAR SCHEDULE (subject to change)**

9am- 5pm Lecture, morning meditation; 1.25-hour lunch - DAILY

**DAY 1** (Sun 8/23) Orientation; **Madhuji:** Pranayama/Chakra, **Maeda:** Introduction to Celestial Acupuncture, Chakra & Dan Tian; Evening Sound Bath Journey

**DAY 2** (Mon 6/18) **Madhuji:** Kundalini/Nadis, Asanas/Breathing, **Maeda:** Nadis & Meridians, Marmani & Acupuncture Points

**DAY 3** (Tue 6/19) **Madhuji:** Koshas & Doshas, Kriyas & Bandhas, **Maeda:** Energy Blockage

**DAY 4** (Wed 6/21) **Maeda:** Celestial Acupuncture, Energy Scan, **Madhuji:** Mind & Senses

**DAY 5** (Thu 6/22) **Maeda:** Needling Techniques, Main Points, **Madhuji:** Meditation

**DAY 6** (Fri 6/23) **Maeda:** Additional Points, Spirit of point, Tx Demonstration; **Maeda/Madhuji:** Final Wrap up

## Teacher Bios:



**Atsuki Maeda:** Dr. Atsuki Maeda is a licensed acupuncturist with 40 years of clinical/teaching experiences and a doctor of oriental medicine, professor at master's and doctoral programs at academic institutions who has developed Celestial Acupuncture method to tap into non-physical plane (Energetic and Spiritual) with acupuncture using regular filiform as well as non-invasive contact needles called Tei Shin.



**Sri Madhu Sai:** Master Sri Madhu Sai is a former monk and a certified yoga therapist. He has a unique spiritual and academic background to help you pragmatically understand the root cause of your problems and empower you to deal with it directly. He blends common sense with real-world experiences to lift you to a higher level of self-understanding and self-learning.

To begin the registration process, please visit the registration page on our website, download forms and submit by email.

[www.acupunctureyogaretreat.com](http://www.acupunctureyogaretreat.com)

[info@acupunctureyogartreat.com](mailto:info@acupunctureyogartreat.com)

To make a payment, you can use Venmo, PayPal or send money order or cashier's check made out to Atsuki Maeda and mail to 3248 Sepulveda Blvd., Torrance, CA 90505.

Venmo: @Atsuki-Maeda \* You may use family/friend to avoid the fee – They may still charge the fee  
PayPal: @atsukimaeda \*You may use family/friend to avoid the fee – They may still charge the fee

To complete your registration, we will also need you to fill out the 'Retreat Agreement', sign it, and either mail or email it in with your registration form.

**NOTE:** Your registration will not be considered complete unless we have received all documents with deposit.

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**THANK YOU** for your interest! We hope to see you in majestic Sedona, AZ!

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